

Maybole Medical Practice Practice Newsletter May – July 2021

PRACTICE NAME CHANGE

Our practice has recently change its name to Maybole Medical Practice.

PRACTICE WEBSITE

Our Practice website www.maybolemedicalpractice.co.uk had a makeover. Go have a look at our new look website.

NEW GP PARTNER

The practice would like to welcome Dr Gayle Vernon to the team.



ONLINE PATIENT ACCESS SERVICE

Please note we have suspended online booking of appointments until further notice. If you have not yet registered for Patient Access and wish to do so, please contact reception by telephone in the first instance.

CORONAVIRUS



Remember FACTS for a safer Scotland

- F** Face coverings
- A** Avoid crowded places
- C** Clean your hands regularly
- T** Two metre distance
- S** Self isolate and book a test if you have symptoms

nhsinform.scot/coronavirus
#WeAreScotland

Healthier Scotland
Scottish Government

CORONAVIRUS
STAY SAFE
PROTECT OTHERS
SAVE LIVES

NHS
SCOTLAND

For further information please visit:
www.nhsinform.scot/coronavirus or
www.nhsinform.scot/campaigns/test-and-protect

FACE COVERINGS

If you are attending the Practice you will be asked to wear a face covering during your visit.

HAND SANITISERS

Hand Sanitisers are also available throughout the surgery. You will be asked to sanitise your hands upon arrival.

We know that all these measures are challenging, however washing your hands, physical distancing and wearing a face covering is vital if we are to reduce infection rates and keep the Practice Staff and our patient's safe at this time.

APPOINTMENTS

In response to the latest government advice we are triaging all appointment requests over the phone. Please **DO NOT ATTEND** the surgery but instead phone 01655 882708 and one of the clinicians will phone you back. If you require to be seen, the clinician will arrange this with you.

Please attend your appointment alone unless you need help from a carer or family member. Please arrive as close to your appointment time as possible. Anyone not attending an appointment will be asked to wait outside.

We are trying to limit the number of people within the building and waiting room area.

Waiting room space is limited to allow for social distancing.

Please remember to cancel your appointment if you no longer need it.

DR JOHNATHAN SHEWARD – RETIREMENT ANNOUNCEMENT

The practice would like to announce the retirement of Dr Jonathan Sheward with effect from 31st March 2021. We wish him a healthy and happy retirement.

THE PRACTICE IS ON FACEBOOK

Follow our new Facebook page to keep up to date with what going on in the practice. Just search for Maybole Medical Practice.

PUBLIC HOLIDAYS

The practice will be closed on the following dates
Monday 31st May 2021
Friday 17th & Monday 20th September 2021

CHANGES TO LAW AROUND ORGAN DONATION

From 26 March 2021, the law around organ and tissue donation in Scotland is changing to an opt out system.

Register your decision on the NHS Organ Donor Register and tell your family and friends as this will make it easier for them to honour your decision. Find out what it means for you, and your choices: www.organdontationscotland.org

GETTING YOUR TEST RESULTS

Please note, it is the patient's responsibility to ring up for results of any tests carried out. Please allow one week before calling for your results, unless the Doctor or Nurse has advised you otherwise. You can call the surgery **between 10:00am and 5:00pm**. If the result or letter follows from a hospital appointment, please allow 10-14 working days.

The practice has a strict policy regarding confidentiality and data protection. We will only release test results to the person to whom they relate unless that person has given prior permission for the release of this data or they are not capable of understanding the results. The Receptionists are trained to give out the information that the GP has written on the result, but are not qualified to give out any further information.




PRESCRIPTIONS

In order to reduce potential risks we would urge all patients to **ONLY** use the telephone prescription line (01655 883922) or on our practice website. Please **DO NOT** come to the surgery to order your repeat prescription. When ordering please state which pharmacy you wish us to send your prescription to Please **DO NOT ORDER** your prescriptions early and only order what you require as medications are not in short supply.

WHEN YOU'RE ILL, KNOW WHO TO TURN TO



We'll Keep You Right

	NHS 24's health information service includes self-help guides for a range of common conditions. www.nhsinform.scot/self-help-guides When your GP and local pharmacy are closed, and you are too ill to wait, call 111.	NHS 24
	<ul style="list-style-type: none">Coughs and coldsSore throatDiarrhoea or constipation	<ul style="list-style-type: none">IndigestionAches and painsHelp if you run out of your repeat prescription Pharmacist
	Breathing space 0800 83 85 87 www.breathingspace.scot	Samaritans 116 123 www.samaritans.org Mental Well-being
	<ul style="list-style-type: none">Tooth painSwelling to your mouthPainful or bleeding gums	<ul style="list-style-type: none">Injury to your mouthAdvice on oral hygiene Dentist
	<ul style="list-style-type: none">Red or sticky eyePain in or around your eye	<ul style="list-style-type: none">Blurred or reduced visionFlashes and floaters Optometrist
	A range of clinicians, including doctors and nurses to help you with both physical and mental health issues.	GP Surgery
	<ul style="list-style-type: none">Cuts and minor burnsSprains and strainsSuspected broken bones and fractures	Minor Injuries Unit
	<ul style="list-style-type: none">Suspected heart attack or strokeBreathing difficultiesSevere bleeding	999 or A&E

If you're not sure where to go or who to see visit:
NHSinform.scot

To find out more visit
<https://www.nhs.uk/services-a-to-z/when-youre-ill-know-who-to-turn-to/>

